



May 22, 2020

Dear 163 Fitness Member,

We hope you, your family, and friends are staying healthy & happy. Thank you for your kind wishes and notes for 163 Fitness. We've really enjoyed the notes about the Facebook workouts and hopefully it's helped many of you still feel connected.

We know you've been waiting to hear from us about the next step for 163 Fitness. We've been reviewing the survey responses from many of you while we've been spending time listening and reading about how we can create a safe distance for you and our trainers during each session and then sanitize to meet CDC's and our standards after each class.

It is with much sadness and regret, that we are announcing the permanent closure of 163 Fitness. We will not reopen in June, although that was our original hope. While we can manage the minimum standards of social distancing at our center, we do not feel we can sanitize the carpet and ventilate the area to meet our high standards. Multiple factors have been weighed in this very difficult decision. At this time, we'd like to share three main points with you.

- Our sanitation standards are high. We do not believe that we can sanitize well enough to meet our standards. We need to do this after each class and that would be very difficult to manage with a part-time and volunteer staff who also have other professional and personal responsibilities. Dan, Phrana, and Patty have full time jobs and we are very uncomfortable with Max doing all of the sanitizing/cleaning for several hours each day. Plus, all of your 163 Fitness owners identify in the COVID 19 "high risk" category with one or more conditions each. If COVID 19 was temporary, we could potentially make it through June, or even open up in July, but health officials have made it clear that this pandemic and accompanying regulations will probably be our norm for several months and possibly for a year or more.
- Most fitness centers do not have carpet in their workout areas and many other fitness centers have a ventilation system where it continuously circulates in fresh air. 163's system is not built that way. In the past we have looked into changing the ventilation at 163 Fitness, but unfortunately that is price prohibitive.
- We would feel horrible if someone contracts COVID 19—you, our trainers, our members, your families, or ourselves. We absolutely can't bear the thought of that responsibility. We care so much about every person who walks through our small business's door. The concern that we have for all of you is very, very real.

**Our trainers have graciously offered to continue posting free daily online workouts through June 30. Some of these will be 5am posted workouts while others will be morning Facebook Live recordings.** It was very hard telling the trainers that our doors will be permanently closing as we think of them as family and we know how much they love the fitness center. Not to anyone's surprise, their first reaction upon hearing the news was all about genuine concern for all of our 163 Fitness members. We are grateful to our trainers and everything they've done for the customers, owners, and our center as a whole.

Those of you who know us understand that we didn't make this decision lightly. We had every intention of trying to "make it" through this pandemic but now the implications are becoming very real and they are beyond what we can handle. We have had many sleepless nights and shed numerous tears over this decision and we hope you understand. We have created new friendships because of 163 Fitness and we have been very proud to provide this service to a community that we care so much about. Please feel free to call or email us with any questions.

Sincerely,

Dan & Phrana Myers

Max & Patty Keuning